



SCARBOROUGH DENTAL & IMPLANT CLINIC

PATIENTS AND DENTAL PROFESSIONALS

Pola Day and Pola Night are high viscosity, neutral pH take home tooth whitening gels. Both are pleasantly flavoured, crystal clear sustained release gels with a unique blend of soothers, conditioners and a water content high enough to further reduce sensitivity.

INDICATIONS FOR USE:

- Whitening of discoloured vital teeth.
- Whitening of discoloured non-vital teeth.

COMPOSITION:

Pola Day 3.0-9.5% wt Hydrogen peroxide
< 47% wt Additives
30% wt Glycerol
20% wt Water
0.1% wt Flavour

Pola Night 10.0-22.0% wt Carbamide peroxide
< 40% wt Additives
30% wt Glycerol
20% wt Water
0.1% wt Flavour

PAK41003 J

NET WEIGHT:

Depending on kit purchased, 1.3g syringes or 3g syringes.
Please refer to outside of box.

HYDROGEN PEROXIDE EQUIVALENT:

- Pola Night 10% Carbamide Peroxide = 3.3% Hydrogen Peroxide
- Pola Night 16% Carbamide Peroxide = 5.3% Hydrogen Peroxide
- Pola Night 22% Carbamide Peroxide = 7.3% Hydrogen Peroxide

TREATMENT GUIDELINES:

	3%	7.5%	9.5%
Pola Day	2 or 3 x 30 minutes / day or 1 x 60 minutes / day	1 or 2 x 30 minutes / day or 1 x 45 minutes / day	2 x 15 minutes/day or 1 x 30 minutes / day
	10%	16%	22%
Pola Night	1 x 2 hours / day to overnight	1 x 90 minutes / day to overnight	1 x 45 minutes / day

Note: Patients with sensitivity will require a day or two break between treatments. Shortening treatment time is also suggested.

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PRECAUTIONS:

- To be used under the supervision of a dentist.
- Keep out of reach of children and pets.
- Not to be used by pregnant or lactating women or children under 14 years old.
- Patients with a history of chemical allergies are advised to carry out allergy testing by a specialist before using these products.
- Discontinue use if any unusual sensitivity or reactions occur and consult your dentist.
- Do not inject Pola Day or Pola Night into the body.
- CAUTION: FEDERAL LAW RESTRICTS THIS DEVICE TO SALE BY OR ON THE ORDER OF A DENTIST.
- MSDS available at www.sdi.com.au or contact your regional representative.

FIRST AID:

- **Eye (contact):** Wash thoroughly with water and seek medical advice if symptoms persist.
- **Skin (contact):** Wash thoroughly with water and seek medical advice if symptoms persist.
- **Ingestion (large amount):** Drink plenty of milk or water and seek medical advice.



Made in Australia by SDI Limited
Bayswater, Victoria 3153
Australia 1 800 337 003
Austria 00800 022 55 734
Brazil 0800 770 1735
France 00800 022 55 734
Germany 0800 100 5759
Ireland 01 886 9577
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New Zealand 0800 734 034
Spain 00800 022 55 734
United Kingdom 00800 022 55 734
USA & Canada 1 800 228 5166
www.sdi.com.au
www.polawhite.com.au



2°C
35°F

25°C
77°F

Warning



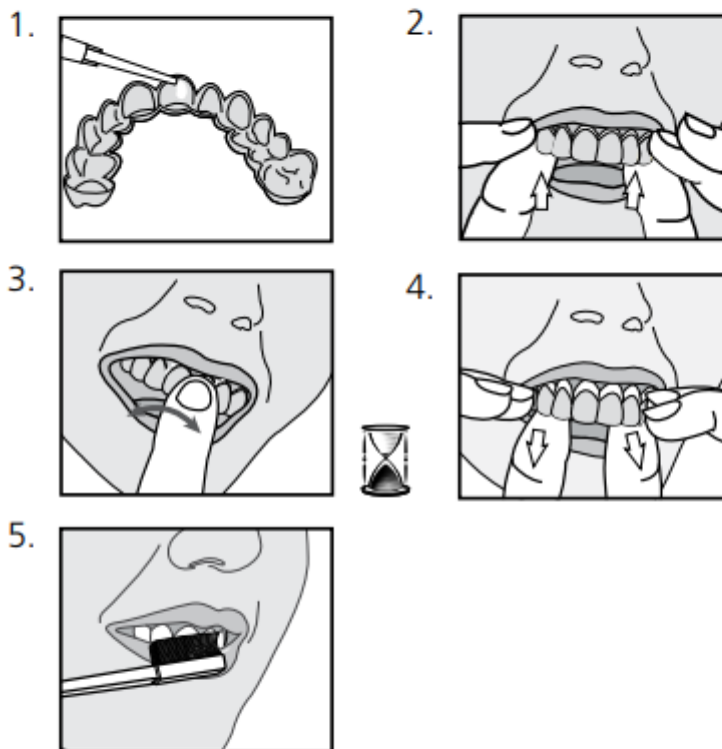
Causes
skin & eye
irritation

Last Revision : 2012 - 08

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PLACEMENT PROCEDURE:

1. Place a small drop of gel into every compartment of the tray for the teeth undergoing treatment.
2. Seat the tray, with the gel around the teeth.
3. Wipe away excess gel in mouth with a tissue or dry soft brush.
4. After treatment, remove tray. Rinse tray and mouth with lukewarm water.
5. Brush teeth.



FOR EFFECTIVE RESULTS:

- Do not eat, drink or smoke during treatment.
- Do not smoke immediately after treatment - wait for at least two hours.
- Foods and drinks containing strong colours should be avoided for at least 48 hours after the treatment period or consumed in moderation.
- Use gel at room temperature.

STORAGE AND SHELF LIFE:

- Store in a cool and out of direct sunlight at temperatures between (2°-25°C / 35°-77°F).
- Do not use after expiration date.